

May 2011

www.freedomcentre.info

97 Preston Road, Hull, HU93QB

Info and ticket booking:

01482 710100



Services available at the Freedom Centre

Regulars...

Freedom Café

Mon-Fri 8:00am - 5pm/Sat 9am-12pm

Hull City Council Library

Mon-Thu 8am-7:30pm/Fri 8am-6pm/

Sat 9am-12pm

Free WIFI and internet access

Available all year around.

Gym

8am - 8pm Monday to Thursday: 8am -

6:30pm Friday 8am - 12 noon Saturday.

Private Functions

Large Hall Lounge Bar

Call For Availability

Hull College Hairdressing

Term Time Only 710100

Mon-Fri 10am-2pm

NHS Minor Treatment Centre

Mon-Fri 9am-5pm

Hull City Council Adult Education

Various Times and Courses

Call 710120 for details

Over 55s Friendship Club

Humber Suite Wed 1pm-4pm

Other Services...

Citizens Advice

Wed 9:30am - 12:30pm

Family History Group

Mon 1:00pm-3:00pm

Wed 1:00pm-3:00pm

NHS Stop Smoking

Tues 9:30am - 11:30pm

Alcohol Awareness Outreach

Selected Fridays Call for details

Indoor Carpet Bowls

Alternate Mondays 9:30am to 12pm

Roaring 50s Dancing

Alternate Mondays 1:30pm to 4pm

Rhythm and Dance Academy

Various nights All ages Call for dates

Toddler Time

Tue 10am-11am

Baby Bounce

Friday 10:15am-11:15pm

Bingo

Tues 7pm-9pm

Zumba

Tuesday 7.00pm - 8pm

Wed 7pm - 8pm

The Freedom Suite

SALSA, BALLROOM & LATIN DANCING ZUMBA

From May 4th



The Freedom Centre will be adding BALLROOM & LATIN and SALSA classes to our already busy Wednesday dance night. If you have ever wanted to learn Salsa or Ballroom then now is your chance. Yvonne Batten and her professional dance instructors will be teaching these dances every Wednesday evening from the 5th May. The time for these dance nights are Ballroom and Latin 8pm - 8.45pm and Salsa 8.45pm - 9.30pm. The price for each dance is £4 per person or £6 for the

two classes. Please don't miss this chance to learn to dance in your area. It's going to be fantastic. Please call 01482 710100 and book your place. Alternatively you can just turn up. A partner for the sessions is not necessary; you can come as a couple or on your own.

The Freedom Centre is also running Zumba classes at the Centre in the Freedom Suite Main Hall every Tuesday 7pm - 8pm & Wednesday 7pm - 8pm

Diary Dates

Talent Trail Semi Finals
6th May 8pm £2 per person
Come and Watch the local bands as they compete for a place in the final

Diary Dates

Family Cabaret Night 13th May
7.30pm
Live entertainment with Lindy Farah
Tickets £2 (Redeemable on food)

Yorkshire Stage 2011

Prestigious Drama &
Musical Theatre Festival

**INTERESTED IN DRAMA AND MUSICAL THEATRE?
AGED BETWEEN 7 -18? LOVE PERFORMING?**

Thursday 7th July

Then look no further, the Freedom Centre will be hosting Stage Yorkshire's Drama and Musical Theatre Festival on 7th July.

We are looking for individuals, duos or groups who would like to come along and showcase their performance and productions to a wider audience. The event will be judged by local adjudicators and rewarded with certificates and trophies.

All entries are free. Classes range from Acting, Poetry & Verse Speaking to Storytelling and Musical Theatre.

If you would like to speak to anyone regarding this event or to request an information pack, please contact either Sarah or Tony at the Freedom Centre on Tel: 01482 710100.

Go on...Give it a go!

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WHAT MORE COULD YOU NEED?

The Freedom Centre is a unique building designed specifically and operating with the main purpose of providing as many services for the local area as possible. As you look around this newsletter you will see all the services available to you that we already provide by partnership working. These services are for everyone and anyone who needs to use them; everyone is welcome at The Freedom Centre.

My question to you is... What are we missing?

Is there a service that you think we should be providing? A service that we could try and bring to the centre to make someone's life that little bit easier? If you have any new ideas or you think you know what this service could be then please contact me and I will look at trying to make it happen. You can contact me by email at tony.forrester@freedomcentre.info or telephone 01482 710100 or by letter to 97 Preston Road Hull HU93QB.



CONFERENCING WITH A CONSCIENCE

The Freedom Centre has various state of the art conference and meeting rooms available for hire. The Freedom Centre is a not for profit organization that offers a 1st class service. Because we are not for profit, all income created goes back in to the Community Facility to ensure more services and events can be created.

If you need training, meeting or conference space then please consider using us and help make this centre even better.

For pictures of rooms and more detail please visit www.freedomcentre.info or call 01482 710100 for more detail. Quote Freedom Centre News 0511 to receive an instant discount on your booking.

SIZZLE AND SONG

JUNE 24th

Tickets are now on sale for our JUNE family cabaret evening at just £2 per person. We are going all out for the June date with the usual calibre of cabaret acts, fun and games plus (to get the night sizzling) we are laying on a barbecue for the evening. There will also be a disco and karaoke for those who fancy a dance or song or two. Our chefs will be firing up the barbecue in our private garden attached to the Humber Suite during the evening for a real summer treat. Last year it was a great event and weather permitting we hope this will be the same. Mathew Addison, a top prize winning performer, will be entertaining you for the evening with his unique voice and range of songs.

Tickets are £2 per person BUT as always the £2 is redeemable against food on the evening.

For more information call 01482 710100

HURRY TICKETS GOING LIKE HOT CAKES DOGS..



The Freedom Centre Library Business As Usual

The Hull Daily Mail recently ran a news article quoting that libraries in the Preston Road and East Hull area will be closing due to local authority cuts. This statement does not effect The Freedom Centre Library and we will be operating as normal. The Freedom Centre News will keep people updated on any changes that may occur in the future, but for now we are not effected by these cuts.

Future events for your diary

Cabaret Nights	22nd October Wow Factor Finals
2nd September 2011	31st October Halloween Special
18th November 2011	16th December Christmas Party
27th January 2012	Night Hot
24th February 2012	seasonal Buffet - Disco & Michael
30th March 2012	Buble Tribute
7th July Stage 2011	17th December Christmas Party
30th July Outdoor Summer Concert	Night Hot Seasonal Buffet, Disco, Take That Tribute
2nd October Wedding Fayre	

All future events will be reported on at a later date